

CIC Checking In...

Spring 2008

Chicks in Crisis, Inc.

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Dear Friends of Chicks in Crisis,

What an exciting time! We at Chicks in Crisis are so amazed at all the growth we have experienced since the first newsletter went out September 2007. In just 4 short months, my board members have not only stepped up the game, but have increased our awareness, public exposure and creditability on several different levels. Pam has been very busy writing grants, planning and implementing new programs. Without her, I would be lost! Thank you Pam for all your hard work and dedication to our program, we are so blessed to have you on our team! Please keep her in your prayers, she will be having knee replacement surgery on March 18 and will be out recovering for a few months. She will be missed!!

I would like to thank everyone who donated items and monetary gifts to us during the holiday season. We were able to help our families plus have a surplus to take us through the winter into spring for our clothes closet. We are having five fundraisers coming up in the spring and would love to see you there. Check out our calendar of events for dates and times! If you have items we could have for our silent auction or raffle, please contact us so we could arrange a pick up. Silent auctions and raffles help us out tremendously with our effort to raise money, so anything big or little will help us meet our goals.

Our babies keep coming and our mommy's keep on going! It has been amazing watching our "girls" transform into butterflies. Please continue to support us and keep us in your prayers, we are truly blessed and grateful to have you!

We would like to welcome Linda Richard-Miller to the Chicks in Crisis family. Linda has developed a powerful curriculum called Tools for Life that has been presented in the Elk Grove Unified School district for several years. Tools for Life is a course for at risk teens, which incorporates and teaches principles of resiliency, social competence, problem solving skills, autonomy and sense of purpose and future. Linda is a registered nurse and accomplished speaker and has worked with at risk teens for over twenty years

Again, thank you board members, community leaders and our loyal followers. I hope to see you real soon at our first fundraiser of the year, March 8th – "Toast to Hope". This fundraiser is essential to our House of Hope and our ability to continue offering housing to our homeless pregnant teens/women. As always, continue to send me updates and pictures of our babies... I just love it!

Sincerely honored,

Inez



A NEW PARTNER FOR CHICKS IN CRISIS...



We are thrilled to announce that we are partnering with the Sacramento Academic and Vocational Academy (SAVA) in offering life skills workshops to their students.

SAVA is a charter school through the Grant Union High School District in Sacramento. Since its inception in August of 2007 they have enrolled over 700 students and have three campus sites, in Sacramento, Elk Grove and West Sacramento. The school is designed to reach at risk teens—those who have “dropped through the cracks” in the current educational system by dropping out of school or are unable to keep their grades up.

Each student is given the opportunity to study independently, take the high school exit exam, and eventually receive their high school diploma. SAVA serves grades seven through twelve.

SAVA invited us to partner with them because they have over 60 teen moms. They have created an innovative program where teens may bring their children into a safe environment while they study. Together with the teacher who is in charge of the program, we are able to offer many workshops that cover a variety of subjects such as: STD Awareness, Birth Control Options, Prioritizing your Life, Establishing a Support System, Health, Nutrition for Baby and You, Basic Infant Care Procedures, Understanding Parenting Styles, Safety and your Baby and many more. The program is called “Jumpstart to a New Life” which will incorporate much our curriculum from our own signature program “Project LIFT” (Living Independently for Tomorrow).

Each girl will earn incentives to come to the workshop. Many have come forward to offer incentives, such as “Pregnancy Journey” in the Natomas area offering free ultrasound pictures, photography and massage to our pregnant moms. If you know of a business that might like participate, please tell them about our program. Because of generous donors, we are able give free baby blankets, baby clothes, diapers and formula to our teen moms.

Recently we received a grant from American River Bankshares, and they were happy to tour the school site at Power Inn and Fruitridge and see where their dollars are going. They have also offered to give a workshop teaching our teens the basics of finance and budgeting.

Chicks in Crisis has an office at the Power Inn site and will be there on Tuesday mornings, Wednesdays from 11:00 AM to 1:30 PM, and all day on Fridays. We will be offering our workshops at the Elk Grove site on Tuesday afternoons.

Please call (916) 441-1243 or (916) 616-8441 if you have questions. And—a big THANK YOU from all of us at Chicks in Crisis for your continued support!



Chicks in Crisis, Inc. would like to thank American River Bankshares for their recent grant of \$15,000 that was given to our organization on January 30th, 2008. The grant was presented to Inez Whitlow, Executive Director at their new office at the Sacramento Academic and Vocational Academy (SAVA) location on Power Inn Road.

Curves Supports Chicks in Crisis with 10th Annual Nationwide Food Drive

Curves of Roseville North West & Roseville Southwest will be participating in the Curves Food Drive to benefit local food banks including Chicks in Crisis. Last year, the Curves Food Drive collected almost 11 million pounds of food for local communities all over the world. This year, Curves has set a goal to collect 15 million pounds to help even more people in need of healthy food.

To celebrate the generosity of the community, Curves is offering a discounted service fee of \$30 for any new member who brings in a bag of non-perishable groceries and commits to a 12-month CD membership between March 3 and March 15. Last year, a quarter of a million new members joined Curves during the food drive. Others wishing to donate may drop off non-perishable food items at Curves Monday through Friday during business hours through the month of March.

This year's food drive includes a twist: a weekly theme that gives people fun options and helps them pick healthy foods to donate. The schedule includes: Week 1-Empty Your Pantry of Healthy Staples; Week 2: Foods From Around the World; Week 3: Souper Suppers; Week 4: Family Friendly items including healthy snacks for kids and baby necessities.

"The Curves Food Drive promotion is always exciting," said Sandy Shepardson, the owner of the Roseville North West & Roseville Southwest club. "We have a chance to help so many people at a time when the food banks are lowest. It's a win-win situation for everyone, and we're very proud to participate."

For more information, contact Sandy Shepardson at Roseville North West (916) 771-9801 or Roseville Southwest (916) 783-2601.

About Curves

Curves works every major muscle group with strength training, cardio and stretching in every 30 minute workout. And now there's CurvesComplete.com: an online subscription diet and fitness solution based on founder Gary Heavin's New York Times bestselling book *Curves, Permanent Results Without Permanent Dieting* and the results of an ongoing university study. For more information, please visit: www.curves.com or www.curvescomplete.com.

MARK YOUR CALENDARS!

"A Toast to Hope" Beer Tasting & Silent Auction Chicks in Crisis Fundraising Event

When: Saturday, March 8 from 6:00 - 8:00 p.m.

Where: Pyramid Brewery (1029 K Street)

Donation: \$50 includes drinks & hors d'oeuvres

To register:

Call (916) 441-1243 or

Email chicksincrisis@live.com or

Mail your donations to 8359 Elk Grove Florin Road, Suite 103, Box 263, Sacramento, CA 95829

"The Business of Being Born" Movie Night Fundraising Event

When: Thursday, March 13 at 6:30 p.m.

Where: Esquire IMAX Theater (1211 K Street)

Donation: \$20 includes ticket, small soda, & popcorn

Join Chicks in Crisis for a documentary about the way American women have babies.

Purchase tickets online at chicksincrisis.org

Evening of Chocolate Decadence

When: Thursday, April 24 from 6:00 - 8:30 p.m.

Where: Roger's Jewelry Superstore (8521 Bond Road, Elk Grove)

Tickets: \$25 before 4/19 and \$45 after 4/19

To register call Karen Penfold at (916) 425-5438

Smoothies for Sale at the Elk Grove Western Festival

When: Friday, May 2 through Sunday, May 4

Where: Elk Grove Regional Park

Donation: \$5 smoothies will be on sale at the

Chicks in Crisis tent - stop by and say hello!



Chicks in Crisis
8359 Elk Grove Florin Rd, Suite 103 Box 263
Sacramento, CA 95829

**CHICKS
IN CRISIS**

*Love, home and family
for every child*



Chicks Wish List

Special Need:

- 1998 Ford Windstar Automatic Transmission

Items Always In Demand:

- Baby clothes (new or gently used)
- Diapers
- Formula
- Baby blankets & crib sheets
- Baby Supplies - powder, diaper rash cream, baby oil, soap, lotion, bottles, etc.

Ways to Donate:

- Website at www.chicksin crisis.org
- Curves locations accepting items for the food drive
- Checks always gratefully accepted at our mailing addresses: 9630 Bruceville Rd, Suite 106, Box 263, Elk Grove, CA 95757 or 8359 Elk Grove Florin Road, Sacramento, CA 95829



Bart White
Owner

Toll Free: (888)-WCC-CREW
Cell: (916) 284-1680

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