

Essential Oils	For Bath and Body	Can Be Used as Neat (full strength)?
Amyris (Properties: antiseptic, balsamic, sedative)	yes	yes
Anise (Properties: antiseptic, antispasmodic, carminative, diuretic, stimulant, stomachic)	yes	no
Atlas Cedarwood (Properties: antiseptic, aphrodisiac, astringent, diuretic, fungicidal, sedative, stimulant [circulatory])	yes	yes
Bay (Properties: antirheumatic, antiseptic, bactericidal, digestive, diuretic, fungicidal, sedative)	yes	yes
Bergamot - Bergapten-free (Properties: analgesic, antidepressant, antiseptic, digestive, diuretic, deodorant, stimulant)	yes	yes
Bitter Almond (Properties: anesthetic, antispasmodic, narcotic)	yes	no
Black Pepper (Properties: analgesic, antimicrobial, antiseptic, antispasmodic, aphrodisiac, bactericidal, digestive, diuretic, laxative)	yes	yes
Carrot Seed (Properties: antiseptic, diuretic, stimulant, muscle relaxant)	yes	yes
Cassia (Properties: antimicrobial, astringent)	yes	no
Chamomile (Properties: analgesic, antiseptic, antispasmodic, bactericidal, digestive, hypnotic, sedative)	yes	yes
Cinnamon Leaf (Properties: antimicrobial, antiseptic, antispasmodic, aphrodisiac, astringent, digestive, stimulant [circulatory])	yes	no
Citronella (Properties: antiseptic, antispasmodic, bactericidal, deodorant, diuretic, fungicidal, insecticide)	yes	yes
Clary Sage (Properties: anticonvulsive, antidepressant, antiseptic, antispasmodic, aphrodisiac, astringent, bactericidal, deodorant, digestive, sedative)	yes	yes
Clove Bud (Properties: antibiotic, antihistaminic, antirheumatic, antineuralgic, anti-oxidant, antiseptic, antiviral, aphrodisiac, stimulant)	yes	no

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Common Sage (Properties: anti-inflammatory, antimicrobial, anti-oxidant, antiseptic, antispasmodic, astringent, digestiv, diuretic, insecticidal, laxative)	yes	yes
Cypress (Properties: antirheumatic, antiseptic, antispasmodic, astringent, deodorant, diuretic)	yes	yes
Eucalyptus (Properties: analgesic, antineuralgic, antirheumatic, antiseptic, antiviral, balsamic, decongestant, deodorant, diuretic, stimulant)	yes	no
Exotic Basil (Properties: antidepressant, antiseptic, antispasmodic, digestive)	yes	no
Frankincense (Properties: anti-inflammatory, antiseptic, astringent, digestive, diuretic, sedative)	yes	yes
Geranium (Properties: antidepressant, antihemorrhagic, antiinflammatory, antiseptic, astringent, dordorant, diuretic, fungicidal, stimulant)	yes	yes
Ginger (Properties: analgesic, anti-oxidant, antiseptic, antispasmodic, aphrodisiac, bactericidal, laxative, stimulant)	yes	no
Grapefruit (Properties: antiseptic, astringent, bactericidal, diuretic)	yes	yes
Hemlock Spruce (Properties: antimicrobial, antiseptic, astringent, diuretic)	yes	yes
Juniper Berries (Properties: antirheumatic, antiseptic, antiseptic, antispasmodic, astringent, diuretic, sedative)	yes	no
Lavandin (Properties: analgesic, anticonvulsive, antidepressant, antimicrobial, antiseptic, deodorant, diuretic, insecticide, sedative, stimulant)	yes	yes
Lavender (Properties: analgesic, anticonvulsive, antidepressant, antimicrobial, antiseptic, deodorant, diuretic, insecticide, sedative, stimulant)	yes	yes
Lemon Eucalyptus (Properties: antiseptic, antiviral, bactericidal, deodorant, fungicidal, insecticide)	yes	no
Lemon (Properties: anti-anemic, antimicrobial, antirheumatic, antiseptic, antispasmodic, astringent, bactericidal, diuretic, insecticidal)	yes	no

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Lemongrass (Properties: analgesic, antidepressant, antimicrobial, anti-oxidant, antiseptic, astringent, bactericidal, deodorant, fungicidal, insecticidal)	yes	yes
Lime (Properties: antirheumatic, antiseptic, antiviral, bactericidal, restorative)	yes	no
Litsea (Properties: antiseptic, deodorant, digestive, disinfectant, insecticidal, sedative)	yes	yes
Myrrh (Properties: anti-inflammatory, antimicrobial, antiseptic, astringent, balsamic, fungicidal, revitalizing, sedative)	yes	yes
Sweet Orange (Properties: antidepressant, anti-inflammatory, antiseptic, bactericidal, digestive, fungicidal, sedative)	yes	no
Palmarosa (Properties: antiseptic, bactericidal, digestive, hydrating, stimulant [digestive & circulatory])	yes	yes
Patchouli (Properties: antidepressants, anti-inflammatory, antiseptic, antiviral, aphrodisiac, astringent bactericidal, deodorant, diuretic, fungicidal)	yes	yes
Pennyroyal (Properties: antiseptic, antispasmodic, digestive, insect repellent, stimulant)	yes	yes
Peppermint (Properties: analgesic, anti-inflammatory, antimicrobial, antiseptic, antispasmodic, antiviral, astringent)	yes	yes
Peru Balsam (Properties: anti-inflammatory, antiseptic, balsamic, stimulant)	yes	yes
Petitgrain (Properties: antiseptic, deodorant, digestive, stimulant)	yes	yes
Rosemary (Properties: analgesic, antimicrobial, anti-oxidant, antiseptic, aphrodisiac, astringent, diuretic, fungicidal, restorative, stimulant)	yes	yes
Rosewood (Properties: anticonvulsant, antidepressant, antimicrobial, antiseptic, aphrodisiac, bactericidal, cellular stimulant, tissue regenerator)	yes	yes
Silver Fir Needle (Properties: analgesic, antiseptic, deodorant, stimulant)	yes	yes

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Spearmint (Properties: local anesthetic, antiseptic, antispasmodic, astringent, decongestant, digestive, diuretic, stimulant)	yes	yes
Sweet Birch (Properties: analgesic, anti-inflammatory, antirheumatic, antiseptic, astringent, diuretic)	yes	no
Sweet Orange (Properties: antidepressant, anti-inflammatory, antiseptic, bactericidal, digestive fungicidal, sedative)	yes	yes
Tangerine/Mandarin (Properties: antiseptic, antispasmodic, digestive, diuretic, laxative, sedative)	yes	no
Tea Tree (Properties: anti-infectious, anti-inflammatory, antiseptic, antiviral, bactericidal, balsamic, fungicidal)	yes	yes
Vetiver (Properties: antiseptic, antispasmodic, sedative, stimulant [circulatory])	yes	yes
Wintergreen (Properties: mild analgesic, anti-inflammatory, antirheumatic, astringent, diuretic, stimulant)	yes	no
Ylang Ylang (Properties: aphrodisiac, antidepressant, anti-infectious, antiseptic, euphoric, sedative, stimulant [circulatory])	yes	yes
Essential Oil Blends	For Bath and Body	Can Be Used as Neat (full strength)?
Bergamot Grapefruit Blend	yes	no
Bladderwrack Blend (Grapefruit, Cedarwood, Geranium & Oakmoss)	yes	no
Caribbean Therapy Blend (Vetiver, Bay & Lime)	yes	no
Cedarwood Sage Blend (Cedarwood, Sage & Petitgrain)	yes	no
Chamomile & Lavender Blend	yes	no

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Chamomile Neroli Blend (Chamomile, Neroli & Petitgrain)	yes	no
Energizing Blend (Sweet Orange & Ginger)	yes	no
Eucalyptus Spearmint Blend (Spearmint, Eucalyptus, Peppermint & Ginger)	yes	no
Euphoria Blend (Jasmine, Rose & Sandalwood)	yes	no
Frankincense & Myrrh Blend	yes	no
Freshening Blend (Ginger, Lemongrass & Sandalwood)	yes	no
Grapefruit & Peppermint Blend	yes	no
Headache Blend (Peppermint & Eucalyptus)	yes	no
Honey Almond Blend (Lemon, Lavender, Bitter Almond & Ginger)	yes	no
Indigenous Blend (Cedar, Sage & Corriander)	yes	no
Lavender Blend (Lavender & Rose)	yes	no
Lemon Sage Ginger Blend (Lemon, Orange, Ginger & Geranium)	yes	no
Lemon Verbena Blend (Lemon, Orange & Grapefruit)	yes	no
Madagascar Blend (Vanilla & Ylang Ylang)	yes	no

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Mandarin Neroli Blend (Mandarin, Eucalyptus, Petitgrain & Neroli)	yes	no
Mint Thyme Blend (Spearmint & White Thyme)	yes	no
Muscle Rescue Blend (Eucalyptus, Orange, Rosemary & Peppermint)	yes	no
Orange Cucumber Blend (Orange, Lemon & Petitgrain)	yes	no
Orange Grapefruit Blend (Orange, Grapefruit, Lime, Peppermint & Ginger)	yes	no
Orange Cinnamon & Clove Blend (Valencia Orange, Cinnamon Leaf & Madagascar Clove)	yes	no
PMS Blend (Fennel, Geranium & Rose)	yes	no
Purification Blend (Ginger, Lemongrass & Sandalwood)	yes	no
Rainforest Blend (Corriander & Peppermint)	yes	no
Relaxation Blend (Blue Lavender & Palmarosa)	yes	no
Rosemary Peppermint Blend (Anise, Ginger, Lavender, Peppermint, Rosemary & Spearmint)	yes	no
Sensuality Blend (Ylang Ylang & Myrrh)	yes	no
Shampure Blend (Orange, Eucalyptus, Patchouli & Ylang Ylang)	yes	no
Sinus Blend (Camphor, Eucalyptus, Menthol & Rosemary)	yes	no

Essential Oil Blends	For Bath and Body	Can Be Used as Neat (full strength)?
Sleep Time Blend (Lavender & Vanilla)	yes	no
Sweet Bay Rose Blend (Rose, Basil, Eucalyptus & Bay)	yes	no
Valencia Blend (Lime, Tangerine, Orange & Thyme)	yes	no