

# 2019

## GROUP CATCHER'S LESSONS!!!



- Players 9 – 17 yrs. old //// BOYS & GIRLS - 1-2 yr. experience
- **BASEBALL** groups and **SOFTBALL** groups
- Location: Sluggersville, 9490 Bluegrass Road, Philadelphia, PA 19114
- Groups are **limited to 4 players only** – focus on Catching, Quickness and Strength

### *Individualized Teaching*

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- Balanced / Athletic Stances – Signs, No Runners On, Runners On
  - Receiving – quiet – yet assertive – designed to promote proper muscle memory
  - Blocking – developing quickness & technique
  - Throwing – footwork, transfer & arm stroke
  - Retrieving loose ball – bunts, passed balls, etc.
  - Force Plays, Tag Plays, Double Plays

### **FORM YOUR OWN GROUPS**

Cost is \$20/player/hour

Call or Email to schedule

215-518-5728 or Rksk5760@comcast.net

*Ron Kaplan - College & High School Catching/Hitting Coach*

*Ron Kaplan - Former Pennsbury & New Hope-Solebury H.S. Varsity Baseball Coach 1998-2015  
Head Coach of Mercer/Bucks Angels Collegiate Summer World Series 2005 & 2006*