

THE BENEFITS OF THERAPEUTIC GRADE ESSENTIAL OILS

1. Essential oils have a chemical structure similar to that found in human cells and tissues. This makes essential oils compatible with human proteins and enables them to be readily identified and accepted by the body.
2. Essential oils are so small in molecular size that they penetrate the tissues of the skin. Essential oils are lipid soluble and are capable of penetrating cell walls – even those hardened as a result of oxygen deficiency.
3. Essential oils can affect every cell of the body within 20 minutes and are metabolized like other nutrients.
4. Essential oils contain oxygen molecules, which help transport nutrients to cells. Since nutrient deficiency = oxygen deficiency, disease begins when cells lack oxygen for proper nutrient assimilation. By providing oxygen, essential oils work to stimulate the immune system.
5. Essential oils are powerful natural substances that create an unfriendly environment for free radicals.
6. Essential oils contain so many chemical constituents that they are still being studied. We do know that they have antiseptic qualities. Essential oils have been shown to destroy bacteria and viruses while simultaneously restoring physiological balance to the body.
7. Essential oils may detoxify cells and blood.
8. Essential oils containing sesquiterpenes, such as myrrh, sandalwood, cedarwood, vetiver, melissa and frankincense, can dramatically increase oxygenation and activity in the brain. This may directly improve the function of many systems of the body.
9. Essential oils promote physical, emotional and spiritual well being. They stimulate immune function and regenerate damaged tissue. Essential oils may also combat infectious disease by killing viruses, bacteria and other pathogens.
10. Essential oils are aromatic and when diffused may provide air purification by:
 - Increasing atmospheric oxygen and providing negative ions, which inhibit bacterial growth.
 - Breaking down harmful chemicals and rendering them nontoxic.
 - Filling the air with a fresh and pleasing aromatic scent, exerting strong effects on the brain - the hypothalamus (the hormone command center) and the limbic system (the seat of emotions).
 - Eliminating odors from mold, cigarettes, and animals.
11. Essential oils have a bioelectrical frequency that is several times greater the frequency of herbs, food and even the human body. Clinical research has shown that essential oils can quickly raise the frequency of the human body, restoring it to its normal, healthy levels.