

Young Living Essential Oils Facts

What Sets Young Living Oils and Supplements Apart

Ninety percent of essential oils sold in North America are Grade B or lower. These oils may contain dilutants, chemical solvents, or degraded plant molecules. Such oils may cause problems for users. Young Living Essential Oils (YLEO) are pure, uncontaminated, and therapeutic grade: :

- Many YLEOs are made of plants grown on the Young Living farms, which are uncontaminated by chemical fertilizers, pesticides, fungicides, or herbicides.
- Mineral content of the soil is crucial to proper plant development; Young Living nourishes its soil with enzymes, minerals, and organic mulch.
- YLEO farms use only deep-well, reservoir, watershed, or mountain stream water because of its purity and high mineral content.
- Harvests are carefully timed—if plants are harvested at the wrong time, they may provide a substandard essential oil.
- Distillers are located close to the fields so plants do not become contaminated in transit. For oils sourced abroad, Young Living often brings its distillers right to the fields.
- With the exception of jasmine, onycha, and citrus oils, which cannot be extracted in this way, all YL oils are steam distilled at low temperatures and pressures, using chemical-free spring water and food grade stainless steel distillers. Distillers are never cleaned with synthetic chemical agents. If a distillation gets too hot, the plants and oil in the distiller are discarded. These time-consuming and labor-intensive techniques preserve the beneficial compounds in the oils.
- Oils manufactured by Young Living must pass independent testing before they are sold to ensure they are free of all contamination and meet the standards for therapeutic grade oils set by AFNOR (Association Française Normalization Organization Regulation) in each case where those standards exist. Other oils may claim to be “therapeutic grade” but if the label does not say “AFNOR,” “ISO-AFNOR,” or “EC-AFNOR” there is no guarantee that they meet this standard. The company’s adherence to these standards means that Young Living routinely rejects 30 to 40 percent of all plant materials offered by outside suppliers.
- Young Living nutritional supplements are made of nutrient-dense, natural, whole ingredients and are free of sugars and artificial sweeteners. Most are enhanced with therapeutic grade essential oils, Dr. Gary Young discovered in clinical practice while doing bacteriology studies with blood that many people had a substantial amount of undigested protein in the blood serum that could not penetrate the cell membrane because of low oxygen levels. When he enhanced foods and supplements with essential oils, he did not detect any undigested food in the blood. He also discovered that supplements enhanced with essential oils increase the absorption of food nutrients and aid in detoxification.

All information provided on this page is paraphrased from the Young Living Essential Oils website (www.youngliving.us) and the Essential Oils Desk Reference, Third Edition, compiled by Essential Science Publishing, Copyright 2004 (www.essentialscience.net)

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