

## **Real L.O.V.E. Over Bullying Worksheet**

- 1. What is bullying?**
- 2. Who can be a bully?**
- 3. Why does someone become a bully?**
  - 1.**
  - 2.**
  - 3.**
  - 4.**
- 4. What types of bullying are there?**
  - 1.**
  - 2.**
  - 3.**
  - 4.**
- 5. What are some effects of being bullied?**
- 6. What are some things you can do to show confidence in yourself?**
- 7. Should you say anything to the people who are bullying you?**
- 8. What are some things you can say?**

**9. How can you protect your feelings from being hurt by bullies?**

**10. Who can or should you tell when you are being bullied?**

**11. What do we know?**